



Sisu Academy of Dance & Gymnastics

203 S. Main Street Suite B

P.O. Box 461

Shawano, WI 54166

(715) 853-8978

sisudanceshawano@gmail.com

 @sisudance

www.sisudance.com

Welcome to *Sisu Academy*!

We have founded this studio with the goal of creating a positive, nurturing environment for students to learn to love the art of dance. We offer a full program of dance classes in Movement, Tap, Jazz, Ballet, Lyrical, Hip Hop, Pom and Cheer, and Dance Technique as well as Gymnastics and Tumbling, for ages two and up. We also offer open gyms for children ages 1-5 and a special needs dance class for those who have a mental or physical disability. We are confident that your interest in dancing and the performing arts will be challenged and developed by taking part in one or more of our classes.

Enclosed you will find our studio policies. We ask that you carefully read over the information and discuss it with your child/children. Also enclosed is our 2018 - 2019 class schedule and registration form. Please fill out the registration form and return it by September 7. If you are uncertain what class your child would benefit from or in what level to place your child, please email or call the studio.

We will again have our popular bring a friend to your gymnastics or dance class week September 24-29. New to the studio this year is second semester only dance classes starting in January (schedule announced in December) for those who can't join us for the full year.

We are continually adding to and updating our current schedule so please check our website often. If you have any questions or requests, let us know through phone or email.

A calendar has also been included with important dates throughout the year. We ask that you mark these dates on your calendars as soon as possible. Please note that classes begin Monday, September 10, 2018.

Sincerely,

Sisu Academy of Dance & Gymnastics

2018-2019 Fall-Spring Class Schedule

(Choose one day and time per class.)

Movement*

1 - 5 Open Gym	Monday	10:00 - 10:45
	Friday	5:30 - 6:15
	Saturday	12:00 - 12:45
2 - 3 Movement	Monday	9:30 - 10:00
	Monday	3:45 - 4:15
	Wednesday	4:15 - 4:45
	Thursday	4:00 - 4:30
	Friday	6:00 - 6:30
	Saturday	10:45 - 11:15

*These classes can be taken in 5 week increments, per semester, or per year.

Tap and Ballet / Jazz

3 - 5 Tap / Ballet	Tuesday	4:00 - 5:00
	Thursday	5:00 - 6:00
	Friday	5:00 - 6:00
	Saturday	11:15 - 12:15
6 - 8 Tap / Jazz	Tuesday	4:30 - 5:30
	Thursday	6:15 - 7:15
	Friday	4:00 - 5:00
8 - 10 Tap / Jazz	Tuesday	7:15 - 8:15
	Wednesday	8:30 - 9:30
	Thursday	8:00 - 9:00
10+ Tap / Jazz	Tuesday	8:15 - 9:15
	Wednesday	8:30 - 9:30
	Thursday	8:00 - 9:00

Hip Hop

6 - 10	Tuesday	5:00 - 5:45
	Wednesday	6:15 - 7:00
	Friday	7:15 - 8:00
10+	Tuesday	8:15 - 9:00
	Wednesday	6:15 - 7:00
	Friday	7:15 - 8:00
6+ Boys	Wednesday	4:45 - 5:30
	Thursday	7:15 - 8:00

Pom and Cheer

6 - 10	Tuesday	6:30 - 7:15
	Wednesday	7:45 - 8:30
	Friday	4:15 - 5:00
10+	Wednesday	7:45 - 8:30
	Thursday	8:45 - 9:30
	Friday	4:15 - 5:00

Lyrical

6 - 10	Tuesday	5:45 - 6:30
	Wednesday	5:30 - 6:15
	Friday	6:30 - 7:15

10+	Wednesday	5:30 - 6:15
	Thursday	8:00 - 8:45
	Friday	6:30 - 7:15

Special Needs

6+	Thursday	7:15 - 8:00
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Ballet

Ballet 1	Thursday	5:30 - 6:15
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Ballet 2	Tuesday	7:15 - 8:15
	Saturday	8:30 - 9:45

Ballet 3	Wednesday	5:45 - 7:00
	Saturday	8:30 - 9:45

Dance Technique (No recital routine)

6+	Tuesday	5:30 - 6:15
	Wednesday	7:00 - 7:45
	Thursday	6:30 - 7:15
	Saturday	9:45 - 10:30

Performance Teams

Brave	Tap	Thursday	4:15 - 5:00
	Jazz	Monday	6:00 - 6:45

Fearless	Tap	Monday	3:45 - 4:15
	Hip Hop	Monday	6:45 - 7:30
	Lyrical	Monday	4:15 - 5:00
	Pom	Tuesday	6:30 - 7:15

Bold	Tap	Monday	8:15 - 8:45
	Hip Hop	Monday	5:15 - 6:00
	Lyrical	Monday	6:45 - 7:30
	Pom	Monday	7:30 - 8:15

Strong	Tap	Monday	8:45 - 9:15
	Jazz	Monday	6:00 - 6:45
	Hip Hop	Wednesday	4:15 - 5:00
	Lyrical	Monday	7:30 - 8:15
	Pom	Wednesday	5:00 - 5:45

Gymnastics

Sessions: (5 weeks each)**

September 10 - October 13

October 15 - November 17

November 26 - January 12 (excluding December 24 - January 5)

January 14 - February 16

February 18 - March 30 (excluding March 11 - March 16)

April 1 - May 4

May 6 - June 8

**Special pricing available for taking gymnastics classes by semester (3 sessions) or by year (6 sessions).

Skills: (must complete all skills before moving up a level)

Level 1 – Forward roll, backward roll, front straddle roll, back straddle roll, cartwheel, cabriole cartwheel, reverse cartwheel, tripod, headstand, handstand, fall to bridge, and handstand to bridge.

Level 2 – Handstand roll, handstand walks, diving cartwheel, back walkover, front walkover, and dive roll.

Level 3 – Handstand pirouettes, side aerial, punch front, front handspring, back handspring, and valdez.

Level 4 – Back tuck, back handspring back tuck, front aerial, roundoff back handspring, aerial combinations, and back hand-spring combinations.

Toddler Tumbling	Monday	10:45 - 11:15
	Monday	3:15 - 3:45
	Thursday	6:00 - 6:30
	Friday	5:00 - 5:30
	Saturday	11:30 - 12:00
Level 1	Wednesday	7:00 - 8:00
	Thursday	4:30 - 5:30
	Friday	6:15 - 7:15
	Saturday	9:30 - 10:30
Level 2	Wednesday	7:00 - 8:00
	Thursday	4:30 - 5:30
	Friday	6:15 - 7:15
	Saturday	9:30 - 10:30
Level 3	Monday	4:15 - 5:15
	Wednesday	8:00 - 9:00
	Friday	7:15 - 8:15
	Saturday	10:30 - 11:30
Level 4	Monday	4:15 - 5:15
	Wednesday	8:00 - 9:00
	Friday	7:15 - 8:15
	Saturday	10:30 - 11:30

Times may be added or changed per session. Parent observation is only allowed outside of the glass door; **no parents will be allowed to sit in the studio or break room at any time.**

Information and Policies

Accounts

The Fall-Spring tuition is based on about 30 weeks excluding holidays and vacation weeks and is due based on the payment option you choose on your registration form (please see the payment schedules on the tuition page). A \$50.00 minimum is required the first week of the first semester if the total cost of tuition is not known. Sisu Academy accepts payment for classes in cash or by check. Tuition not received as scheduled will result in a weekly late charge of \$10 per student. Returned checks will result in a \$30 charge followed by payment in cash. Outstanding tuition may result in the temporary suspension of your child until the account is current. Students with outstanding balances will not be allowed to compete or perform in our spring recital. We do not want to deny any student the opportunity to dance so if needed, please call the studio to arrange an alternative payment plan. Pro-rated refunds will only be given if the student withdraws before the fourth week of class. There are no tuition refunds for missed classes or withdrawing during the session. There are no refunds or adjustments for costumes. There are no price adjustments for late class registration.

Attendance and Student Conduct

Attendance is very important for the success of the student and of the class. Classes start at a scheduled time and promptness is expected. Students coming in late cause too much distraction, delay, and will not be properly warmed-up for class. Good attendance is imperative, as absences and tardiness can hold back an entire class. The studio cannot jeopardize its responsibilities to the rest of the class for one student so please make an effort to attend every class. Please contact the studio as soon as possible if a student must miss a class due to illness or family obligation. Any missed classes cannot be made up. Excessive absences may result in the student not being part of our spring recital. No food, gum, or drink is allowed in the studios. A lounge area is provided for food and drink outside of class time. Please show respect for your instructors, fellow dancers, and all Sisu Academy equipment by cleaning up after yourself when using the studio, lounge, bathrooms, and changing areas. Please make sure you arrive on time for your class, are in proper attire, and are ready to learn with a positive attitude. If a student acts in a manner that creates an unsafe learning environment, that student will be dismissed immediately. No refund will be given if a student is asked to leave class or the studio due to misconduct. **Absolutely no cell phones allowed in the studios at any time.**

Attire

2 Movement and open gym - comfortable, non-baggy clothing (shorts, dance pants, leotard, or fitted top). Hair must be pulled up entirely, away from the face.

3 - 5 Tap and Ballet - any color leotard, skirt, tights and black tap (ex: Capezio N625C) and black ballet shoes (Capezio 205C). Hair must be pulled up entirely, away from the face.

6+ Tap and Jazz - comfortable, non-baggy clothing (shorts, dance pants, leotard, or fitted top) and black tap (Bloch S0388 or Bloch S0361) and black jazz shoes (Theatricals T7902). Hair must be pulled up entirely, away from the face.

6+ Hip Hop - comfortable, non-baggy clothing (shorts, dance pants, leotard, or fitted top) and clean tennis shoes or jazz shoes (Theatricals T7902) until exact shoes are ordered during costume week. Hair must be pulled up entirely, away from the face.

6+ Pom - comfortable, non-baggy clothing (shorts, dance pants, leotard, or fitted top) and black jazz shoes (Theatricals T7902). Hair must be pulled up entirely, away from the face.

6+ Lyrical - comfortable, non-baggy clothing (shorts, dance pants, leotard, or fitted top) and canvas lyrical shoes (Canvas Bloch Eclipse S0619). Hair must be pulled up entirely, away from the face.

Ballet 1, 2, and 3 - black leotard, pink tights, and pink ballet shoes (Bloch S0277 Pink). Hair must be in a tight bun.

Technique - comfortable, non-baggy clothing (shorts, dance pants, leotard, or fitted top) and jazz or lyrical shoes. Hair must be pulled up entirely, away from the face.

Absolutely no street shoes are allowed in the studios. Proper foot attire is required for all classes. Please change out of dance shoes before going outside. Baggy tops, jeans, and pants that drag on the ground are not allowed. Dangling jewelry should be removed. All dance shoes and tights may be purchased through the studio, please contact the studio for further information.

Bring a Friend to Dance and Gymnastics Week

All dance and gymnastics students can bring 1 friend to join in their class(es) September 24 - 29, 2018. Please contact the studio for more information.

Class Cancellation

Classes may be cancelled or combined if less than five students are registered for a particular class. In the case of teacher illness, a suitable substitute will be sought out; however, classes may be cancelled if one is not available. Classes will be cancelled if Shawano schools are closed or dismissed early due to weather conditions; **this does not include a school's pre-scheduled time off.** Cancellations will be announced by email, Facebook, and message on studio phone.

Class Registration and Placement

Most classes run for 30 weeks beginning September 10, 2018 and ending the week of April 29, 2019. To register for classes, please complete our 2018-2019 Registration and Medical Release forms and mail, email, or bring your registration forms to Sisu Academy. Your place in class will not be reserved without a current completed registration form. Confirmation of your registration will be sent via email. Registration for fall is due by September 7, 2018. Late registrations will not be given a tuition discount for classes missed. Prorated refunds will only be given if the student withdraws from class before the fourth week of class. To select the right class for you, please consider the student's age, dance ability, experience, and maturity. Older age groups will be taught at a slightly faster pace than younger ones and students will be expected to pick up on material at the speed of the class. Once the season has started, changes between levels may be made based on teacher recommendation.

Costumes

Costumes will be ordered November 19 and 20 from 4:00 pm to 8:00 pm. There will be no dance/gymnastics classes those nights. Each student must have one parent present to order costumes. A measuring guide will be given to each student in advance; it is the parents' responsibility to measure students before they come. Costumes usually cost \$60-\$80 per costume and payment is due at time of ordering; no costume will be ordered unless payment is received in full. Most costumes cannot be returned or exchanged. Parents are responsible for any alterations that need to be done to costumes as Sisu Academy is not responsible for costumes that do not fit properly.

Dad's Dance

Dad's Dance is a choreographed dance featuring Sisu dance students and their dads. It is performed at the Spring Recital with practices starting in February 2019. Exact dates and times will be given later in the year.

Parades

We will again be participating in the Shawano Homecoming Parade September 28, 2018 and the Shawano Holiday Stroll and Santa Parade December 7, 2018. The dance routine will be learned in class and more information will be given closer to the dates.

Parent Observation

Parents may observe dance classes during the week of January 14 - 19, 2019. Beyond that week, parent observation is not allowed both in dance and gymnastics classes.

Parking

The main entrance to the studio is behind the building. For safety reasons there is no parking in front of the glass door in the back of the studio. Parking is available in the front of the studio but the front door is not to be used as an exit or entrance.

Pictures

Professional pictures will be taken by a professional photographer during the second semester. You will receive information about exact dates and times at a later time. The tentative dates are April 19 - 20, 2019.

Private Lessons

Any student has the option of registering for a private lesson. This is on a first come, first serve basis as slots are limited. Please make your day and time requests on the registration form and we will try to accommodate them. Once confirmed, it is the student's responsibility to notify the instructor of an absence in advance. There are no make-ups for missed lessons. However, if the student will be absent, they can switch the lesson time with another student with instructor approval. Another dance class must be taken in addition to any solo, duet/trio, or small group.

Spring Recital

All classes except Dance Technique and Movement will be featured in our Spring Recital in May. Gymnasts participating in the April 1 - May 4 session will be invited to perform in a Gymnastics Exhibition at the Spring Recital, but participation is not required. The rehearsal will be May 3, 2019 and the recital will be May 4, 2019 at the Shawano High School auditorium. Exact times for the dress rehearsal and performance will be announced as soon as they are available. The recital will be taped by a professional videographer; order forms will be handed out starting two weeks before the recital.

Used Shoe Sale

There will be a used shoe sale the first three weeks in September. Please bring your gently used dance shoes to the studio the first week of class and place in the upstairs break room. Each pair of shoes should be in a clear bag and labeled with your name, size, and price. New dance shoes can be ordered anytime through the studio; please contact the studio for more information.

Fall-Spring Tuition

Payment options:

Per Year: Payment due week of September 10, 2018. If full payment is not paid by end of week, the next payment rate applies.

Per Semester: Payment 1 due week of September 10, 2018.
Payment 2 due week of January 14, 2019.

Per Month: 8 payments September 2018 - April 2019 with first payment due the first day of class and the following 7 payments due by the 10th of each month.

Per Session: Payment due the first class of each session.

Late payments will be charged \$10.00 each week the payment is late per student.

A \$50.00 minimum is required the first week of the first semester if the total cost of tuition is not known. Please indicate your payment option choice on your registration form. Payments can be made in cash or by check.

Dance Tuition (30 week session):

45 Minute Class \$260.00/year or \$135.00/semester or \$35.00/month

- Ballet 1
- Technique
- Hip Hop
- Lyrical
- Pom and Cheer

60 Minute Class \$330.00/year or \$170.00/semester or \$43.50/month

- Ballet 2
- Tap and Ballet
- Tap and Jazz

75 Minute Class \$390.00/year or \$200.00/semester or \$51.25/month

- Ballet 3

Solo (30 minutes/week) \$430.00/year or \$220/semester or 57.50/month

Duet/Trio (30 minutes/week) \$330.00/year, per student or \$170/semester, per student or \$45/month, per student

Small Group (30 minutes/week) \$250.00/year, per student or \$130/semester, per student or \$35/month, per student

Movement and Gymnastics Tuition (May be taken in 5 week sessions, per semester, or per year)

Movement

- Open Gym \$130.00/year or \$70.00/semester or \$25.00/5 week session
- Movement \$190.00/year or \$100.00/semester or \$35.00/5 week session

Gymnastics

- Toddler Tumbling \$190.00/year or \$100.00/semester or \$35.00/5 week session
- Levels 1 - 4 \$310.00/year or \$160.00/semester or \$55.00/5 week session

Dance Discounts:

Multi-student (in same household) – 1st (oldest) student is full price, 2nd student 10% off, 3rd student 15% off, etc.

Multiple dance classes – 10% off additional classes (Taken on lesser class(es))

Gymnastics – 10% off each session, if enrolled in a dance class

See our Referral Rewards Program for other potential savings.

(Discounts do not apply to Solo, Duet/Trio, or Small Group tuition.)

2018-2019 Calendar

<u>Date</u>	<u>Event</u>
September 4 - 8, 2018	Choreography Clinic (Performance Teams Only)
September 10, 2018	Classes Begin
September 10 - 15, 2018	First Semester Tuition Due
September 10 - 29, 2018	Used Shoe Sale
September 24 - 29, 2018	Bring a Friend to Dance and Gymnastics Week
September 28, 2018	Homecoming Parade
November 19 - 20, 2018	Costume Ordering
November 19 - 24, 2018	Thanksgiving Break (no classes)
December 7, 2018	Holiday Parade
December 24 - January 5, 2019	Holiday Break (no classes)
January 14 - 19, 2019	Second Semester Tuition Due
January 14 - 19, 2019	Parent Observation (dance classes only)
February 2019	Dad's Dance Practices Begin (dates to be determined)
March 1 - 3, 2019	Headliners Dance Competition, Middleton (Performance Teams only)
March 15 - 17, 2019	Legacy Dance Championships, Green Bay (Performance Teams only)
March 18 - 23, 2019	Spring Vacation (no classes)
March 29 - 31, 2019	Rainbow Dance Competition, Green Bay (Performance Teams only)
April 12 - 14, 2019	DX-Majestic Dance Competition, Minneapolis (Performance Teams only)
April 19 - 20, 2019	Pictures
April 29 - May 4, 2019	Last Week of Classes
May 3, 2019	Rehearsal - Shawano High School
May 4, 2019	Recital - Shawano High School
June 23 - 28, 2019	Legacy National Dance Championships, Wisconsin Dells (Performance Teams only)

**** All dates and times are subject to change.**

Sisu Academy of Dance & Gymnastics

Registration Form

Student's Name _____

Date of Birth _____ Age _____ M / F

Address _____

City _____ Zip _____

Parent/Guardian _____ Phone _____

Parent/Guardian _____ Phone _____

Alt. Phone _____ Email _____

Emergency Contact _____ Phone _____

Previous Dance Experience _____

How did you hear about us? _____

Please list your class selections below. Confirmation of enrolled classes will be sent via email.

1. Class Description _____ Day / Time _____

2. Class Description _____ Day / Time _____

3. Class Description _____ Day / Time _____

4. Class Description _____ Day / Time _____

5. Class Description _____ Day / Time _____

6. Class Description _____ Day / Time _____

7. Class Description _____ Day / Time _____

Group Members

Preferred Day / Time

Preferred Instructor

Solo _____

Duet/Trio _____

Small Group _____

Please choose your payment option: ☐ Per Year ☐ Per Semester ☐ Per Month ☐ Per Session

I (we) have read, understand, and agree with the Sisu Academy of Dance & Gymnastics, LLC policies and information for the 2018 - 2019 fall-spring season.

_____ Date _____

Parent Signature (or student if 18+)

Registration & Medical Release forms may be mailed, emailed, or brought to the studio.

Sisu Academy of Dance & Gymnastics

Medical Authorization, Risk Notification, and Liability Waiver

Parent/Guardian _____ Phone _____

Parent/Guardian _____ Phone _____

Emergency Contact (non-parent) _____

Relation to Student _____ Phone _____

Family Physician _____ Phone _____

Clinic Address _____

Medical/Physical Limitations (ex: asthma)

Medications

Allergies to medications or otherwise

In case of illness or emergency and a parent cannot be reached, I hereby authorize Sisu Academy of Dance & Gymnastics or its appointed representative to sign for medical care. I understand that Sisu Academy of Dance & Gymnastics is not responsible for any injuries sustained prior to the beginning of classes. I understand that because dance involves motion, there is a risk of injury. I recognize that my child's participation may expose him/her to the risk of injury or harm. I accept this risk and hereby release Sisu Academy of Dance & Gymnastics, its agents and employees from all liability for personal injury, illness, or property damage occurring during instruction or performance. I understand that the studio is not accountable for any injury, illness, or property damage occurring during instruction or performance. I certify that my child is in good health and capable of participating in all of the activities and classes. I fully understand that the use of alcohol, tobaccos, illegal drugs and/or demonstration of unacceptable standards of behavior will result in the dismissal of my child from the studio with no tuition refund. Sisu Academy of Dance & Gymnastics has my permission to take photos, videos and/or films of my son or daughter and consent to use such materials for promotional purposes by Sisu Academy of Dance & Gymnastics.

I (we) have read, understand, and agree with the Sisu Academy of Dance & Gymnastics policies and information for the 2018 - 2019 season.

_____ Date _____

Parent Signature (or student if 18+)

Referral Rewards Program

Spread the word! Invite your friends to take a dance and/or gymnastics class. If they sign-up for a dance class, they will receive a \$25 discount and you will receive a \$25 credit to your account. If they sign-up for a gymnastics class, they will receive a \$10 discount and you will receive a \$10 credit to your account. The credit may be used for any dance expenses incurred at the studio. Any unused credits at the end of the year may be rolled over to the next year, but will not be refunded. There is no limit to the number of referral rewards you can earn. The more you refer, the more you save. There are a few rules:

1. The referral must be a new student/family to the studio. Returning students/families would qualify if they have been absent from the studio for two or more years.
2. Only one referral will be accepted per new student/family. In other words, multiple people cannot refer the same student/family.

Use the coupons below to hand out to your friends. Feel free to make copies or ask at the studio for more if needed.

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203 S. Main Street, Suite B
P.O. Box 461
Shawano, WI 54166
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**Receive \$25 off any Dance Class
Or \$10 off any Gymnastics Session**

Name _____

Referred by _____

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